

# Londonderry Senior Center

January/February 2025

535 Mammoth Rd.  
Londonderry, NH 03053  
603-432-8554



**Hello from Ilona!** I would like to start the new year by shining a light on volunteerism, the use or involvement of volunteer labor, especially in community services. The Londonderry Senior Center blows me away month after month. I pulled statistics from over the years and we have no less than 300 hours every month devoted to making this place run! Amazing, right?! Members have dedicated over 21,000 hours since we first started keeping records in 2018. Look at our incredible list of members that have dedicated over 100 hour during this time frame!

One of the groups that I would like to call attention to are the members of our Non-Profit Londonderry Senior Citizen's team led by President Bonnie Ritvo. This group has dedicated countless hours of time and energy to fundraising on behalf of the senior center and other local community organizations. We are saying a heartfelt goodbye to this group as they end their reign. I have learned so much from Bonnie and her team about the day to day operations of the senior center and their impact on the community. For them I will be forever grateful.

There are plenty of opportunities in our town and surrounding communities to make a difference in an area that interests you. Take some time to explore where you can make a difference. **Staying active and productive can make a huge difference in your golden years.....**

Name	Total Hours
Soucy, Lois	3234
Ritvo, Bonnie	3088
Whitesell, Barbara	2179
Jablonowski, Carol	2089
Jablonowski, Ronald	844
Gasper, David	572
Gasper, Julie	543
Perry, Sandra	518
Duggan, Elizabeth	509
Pare, Maurice	459
Ouellette, Cynthia	436
Souliotis, Patricia	348
Flanagan, Christine	340
Mclaughlin, Jan	309
Davanelos, Patricia	297
Lajoie, Paul	283
Courtney, Judith	271
Sullivan, Aurie	248
Lajoie, Carlene	219
Hastings, Gunta	195
Beauparlant, Donna	195
Leshin, Bonnie	187
Riessland, Sandra	167
Lovett, Nancy	164
Courtney, Michael	160
Sullivan, Charlie	156
Cloutier, Shirley	142
Hernandez, Ann	142
Morrison, Dale	136
Rand, Doris	118
McLeod, Rhonda	111
Mulhern, Patricia	107
Carlson, Renate	104
Rabinovitz, Elaine	101

The Londonderry Senior Center will be closed on January 1st 2025. We will also be closed on Monday, February 17, 2025. for President's Day. Please remember that we will also be closed during inclement weather.

Look for announcements on our Facebook page and on WMUR.

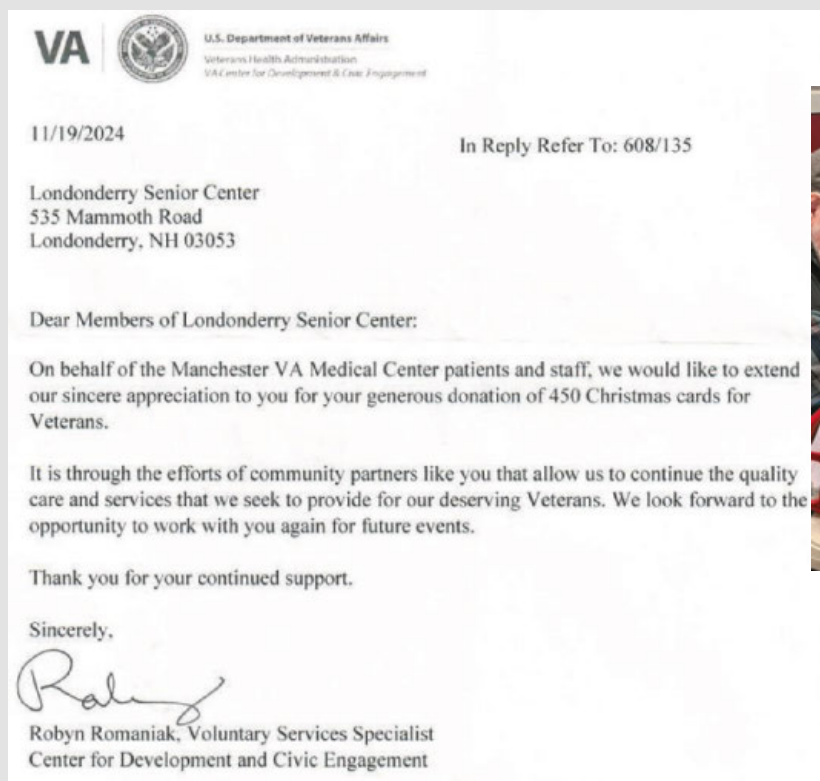
**Past Events:**



**Annual Fireman's Luncheon** was on November 9th. What a hit, year after year! We thank this dedicated group of professionals for ALL they do for the town of Londonderry!

**Leach Library Consortium Transition** on November 14 was a session to learn how to navigate the library's new online catalog. For more information, please call the library at (603) 432-1132.

**Veterans Holiday Cards** On November 19th over 15 volunteer senior center members wrote 450 holiday cards to veterans, All cards and time were donated by our incredible members!



**LSC/LSCI Holiday Luncheon on December 12**  
 ....So delicious, fun and festive!



May your cup overflow with peace, love, and pure awesomeness today.



**WELCOME TO OUR NEWEST MEMBERS**

CarolAnn Powers, Mary Sadler, Leslie Kalafarski, Walter Stearns, Charlotte Ranlett, Ann Pietrzak, Barbara Dion, Jeffrey Poitras, Kathleen Blay, Vickie Hill, Elizabeth Ciarcia, Patricia Sakel, Jane Leonard, Lee Drysdale

**BOOK CLUB NEWS**

Our book club will be taking a brief hiatus this winter. We will resume in April 2025 after the snow melts and our snowbird members are back. Look for our new selection of good reads in early March.



**For the Love of Music**  
**Jam Session Winter Edition**  
**CHILI POT LUCK**  
**Londonderry Senior Center**

535 Mammoth Rd, Londonderry NH 03053, 603-432-8554

Sunday // January 19, 2025 // 2-5pm



Sponsored by the Londonderry Senior Center and Arts Council.

Local musicians will be performing in a coffee house setting.

Members of the Senior Center, Londonderry residents over 55 are welcome to stop in, hang out or participate.

Coffee, Tea and water will be provided. For questions, please contact Ilona Arndt of the Senior Center, 603-432-8554





*Coming Together*

## LSCI NEWS CORNER

January-February 2025

TO ALL OUR LSCI FAMILY,

This will be our last LSCI NEWS CORNER. As most of you know by now, I have resigned as President of the Londonderry Senior Citizens organization. We were not able to get a volunteer to take it over. The officers and Board of Directors have decided to end our non-profit organization known as Londonderry Senior Citizens Inc. I have been involved in LSCI for 17 years. I have been President for the last 7 years and Fundraising Director for 10 years. I have enjoyed every minute of it. We raised a lot of money through fundraising and membership.

The money that is in our account is going to be spent on a new kitchen floor, new floor in entry room, handicapped ramp at back of building, new chairs and tables, a cabinet for bone builders and some new weights. We also purchased lots of small appliances for our kitchen. At our Christmas party this year, we gave out \$400,00 of gift cards to our members, and also supplied the Chinese food.

Any funds leftover has to go to a non-profit. We will donate the remaining funds to Community Caregivers for all they do for our Seniors in the community.

Thank You all for everyone's involvement to make Londonderry Senior Citizen Inc. what it was for so many years. It will truly be missed. Stay healthy and happy and continue to enjoy the Senior Center and all its programs.

A special Thank You to Ilona and our Board of Directors for honoring me with a beautiful send off. I will always cherish the times I had at the center it was a second home.



Thank You all again  
Sincerely  
Bonnie Ritvo  
President of LSCI





*A zillion Thanks to Mack's Apples and Twin Gates Farm for contributing Ice Cream, apples, fall gourdes and holiday*



### You outta know.....

**Membership 2025:** It is time to renew your membership. A letter and simple form was sent to your home. Londonderry Senior Center Membership is still \$10.00. However, there have been several changes. Membership will no longer be managed by Londonderry Senior Citizens Incorporated (LSCI). Our membership now runs a full calendar year (January 1, 2025 to December 31, 2025). **Your membership fee is due by January 31, 2025.** Cash or checks are accepted by mail or at the Senior Center along with your form. **Please make checks out to "Town of Londonderry".** If you are a NEW member who signed up after October 1, 2024 your membership will be pro-rated and extended to 12/31/25 automatically!

**Facebook Page!!** Visit, like and follow our Facebook page:

"Londonderry Senior Center"

### Newsletter Availability:

Copies of this newsletter are available at the Senior Center, Town Hall, Leach Library and Town of Londonderry website.

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## January 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	09:00 Cards/Games 10:00 Chair Exercise 11:00 Bone Builder 11:00 Meals on Wheels 12:15 Cribbage 12:00 Mah Jongg 12:30 Ceramics 12:30 Line Dancing	09:00 Cards/Games 09:00 Yoga 10:00 Chair Exercise 11:00 Meals on Wheels 12:15 Bingo	09:00 Cards/Games 11-2 Knit/Crochet/Crafts 10:00 Chair Exercise 11:00 Meals on Wheels 12:15 Bingo	09:00 Cards/Games 09:00 Yoga 10:00 Chair Exercise 11:00 Meals on Wheels 12:15 Cribbage 12:30 Cornhole	09:00 Cards/Games 10:00 Chair Exercise 11:00 Bone Builders 11:00 Meals on Wheels 12:00 Diamond Art 12:30 Tai Chi	
12/29/24	12/30/24	12/31/24	01/01/25	01/02/25	01/03/25	01/04/25
	Closed	Closed	Closed New Years Day			
01/05/25	01/06/25	01/07/25	01/08/25	01/09/25	01/10/25	01/11/25
				Hearing Test 10-12		
01/12/25	01/13/25	01/14/25	01/15/25	01/16/25	01/17/25	01/18/25
			10:00 Murder Mystery			
01/19/25	01/20/25	01/21/25	01/22/25	01/23/25	01/24/25	01/25/25
Jam Session 2-5pm CHILI POT LUCK						
01/26/25	01/27/25	01/28/25	01/29/25	01/30/25	01/31/25	02/01/25
		Foot Clinic	Foot Clinic BIRTHDAY CAKE			

## February 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	09:00 Cards/Games 10:00 Chair Exercise 11:00 Bone Builder 11:00 Meals on Wheels 12:15 Cribbage 12:00 Mah Jongg 12:30 Ceramics 12:30 Line Dancing	09:00 Cards/Games 09:00 Yoga 10:00 Chair Exercise 11:00 Meals on Wheels 12:15 Bingo	09:00 Cards/Games 11-2 Knit/Crochet/Crafts 10:00 Chair Exercise 11:00 Meals on Wheels 12:15 Bingo	09:00 Cards/Games 09:00 Yoga 10:00 Chair Exercise 11:00 Meals on Wheels 12:15 Cribbage 12:30 Cornhole	09:00 Cards/Games 10:00 Chair Exercise 11:00 Bone Builders 11:00 Meals on Wheels 12:00 Diamond Art 12:30 Tai Chi	
02/02/25	02/03/25	02/04/25	02/05/25	02/06/25	02/07/25	02/08/25
02/09/25	02/10/25	02/11/25	02/12/25	02/13/25	02/14/25	02/15/25
		Foot Clinic	Foot Clinic	Hearing Test 10-12		
02/16/25	02/17/25	02/18/25	02/19/25	02/20/25	02/21/25	02/22/25
	Closed Presidents Day		10:00 Murder Mystery			
02/23/25	02/24/25	02/25/25	02/26/25	02/27/25	02/28/25	03/01/25
			BIRTHDAY CAKE			

# A Stitch in Time

F W S N A P N A N K G R E D Q  
 T E K C O P T I O F I L R V S  
 O W K M B B D O A E S L K S H  
 J D E U O N B I N Z I P K E R M  
 E Z S R P I N K I N T P E D A L L  
 A E O D A E N T S N D H N E Z  
 S A S R R W S I O H G C H R Z  
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 M R C A B F I Z A I D M E M A  
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BOBBIN  
 BUTTON  
 CLOTH  
 CUT  
 DRESS  
 ELASTIC  
 HEM  
 IRON  
 MACHINE

MEASURE  
 NEEDLE  
 PATCH  
 PATTERN  
 PEDAL  
 PIN  
 PINKING  
 POCKET  
 RULER

SCISSORS  
 SEAM  
 SNAP  
 STITCH  
 TAPE  
 THIMBLE  
 THREAD  
 ZIGZAG  
 ZIPPER

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 W D I K X G U A R D S G W E C  
 A D T E E H P S M S Y R D E H T  
 O D I N E R M O U T E R S W N J D  
 E R G C E I T L J L R A L L O C  
 K J S L S D O E L W F Y U P L  
 H O I R E W E Z A Y P B F O Y  
 X C B J C H Y N L S W L Y E E  
 F F U K K R Y D S D H A A L O M  
 B E L Y L P R Q U F L H L O O  
 B X Z E P A A L H S I D P V C  
 O R V U A A W H C T E F G E L  
 N C P P Z S U B R E E D O A E  
 E K W E N I N A C W M Q U O W

BISCUIT  
 BONE  
 BREED  
 CANINE  
 CHEW  
 COLLAR  
 DISH  
 EXERCISE  
 FETCH

FIDO  
 FLEAS  
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 HEEL  
 HOWL  
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