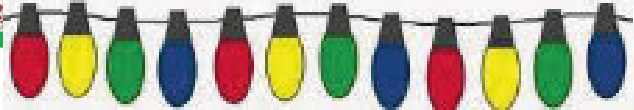


Londonderry Senior Center

November/December 2024

535 Mammoth Rd.
Londonderry, NH 03053
603-432-8554



While December may be synonymous with the arrival of Christmas for many, it includes other major cultural and religious holidays around the world as well. We should always remember that America is still a melting pot of many cultures and religions.

St. Nicholas Day (Dec. 6) Christians honor the birthday of Saint Nicholas—the inspiration behind Santa Claus, given his proclivity towards gift-giving.

Immaculate Conception Day (Dec. 8) Catholics celebrate the day of Immaculate Conception to honor the Virgin Mary, who is believed to have been born without original sin.

Bodhi Day Rohatsu (Dec. 8) This Buddhist tradition honors the day in which the Buddha—Siddhartha Gautama—is said to have achieved enlightenment.

Feast Day of Our Lady Guadalupe (Dec. 12) Mexicans and Mexican-Americans often celebrate the feast day of Our Lady of Guadalupe, the patron saint of Mexico, who symbolizes patriotism and devotion.

Hanukkah (Dec. 25- Jan. 2) A central part of the Jewish Festival of Lights.

Yule (Dec. 21-Jan.1) Wiccans and Neo-Pagans celebrate the winter solstice, the darkest day of the year. The winter solstice marks the shortest day and longest night of the year.

Christmas (Dec. 25) Christians celebrate Christmas largely to commemorate the birth of Jesus. But the festival has also been adopted as a secular family holiday by people of all faiths.

Boxing Day (Dec. 26) A British tradition that occurs the day after Christmas and dates back to when Queen Victoria ruled the throne. It was a day to ensure that upper class Britons gave servants and workers a day off, in addition to giving them a present.

Kwanzaa (Dec. 26-Jan. 1) The week-long holiday of Kwanzaa honors African-American heritage; it's a cultural holiday as opposed to a religious one.

Zarathosht Diso (Dec. 26) Founded by the Prophet Zoroaster more than 3,000 years ago, Zoroastrianism is one of the world's oldest monotheistic religions. Zoroastrians honor the death of their prophet on this day, typically by visiting a fire temple and offering prayers.

New Year's Eve (Dec. 31) The day every new year is met with anticipation around the world, as revelers party, set off fireworks, set resolutions and countdown to midnight to welcome in new beginnings.

Borrowed from a 2022 Time Magazine article...

Welcome to our newest members: Linda Cohn-Rosenberg, Luke Colliton, Bette Winterson, Flo Shortino, Sharon Comitale, Susan Grodin, Janice Craig, Jim & Kitty Lynch, Matthew Craig, Tony Lemire, Vickie Pompey, Steven Blier, Carol Smith, Lana Douglas, Cathy Hunt, Elizabeth & Henry Roux, Dorothy Webster, Debbie Schneider, Janet Grondin, Lynn Holcomb

The Londonderry Senior Center will be **CLOSED** November 11, 21 & 22
and December 25, 2024 through January 1, 2025



Past Events:

Breakfast: 9/12/24 Can you say delicious! We all needed to loosen our belts and take a long nap after this filling meal lovingly prepared by Liz Duggan and her culinary volunteers. Lets schedule another one sooner than later.

Senior Expo: Saturday, 9/21/24 This was developed, organized and hosted by the Londonderry Senior Resource Committee under the experienced and caring leadership of Jim Green. We had close to 70 vendors and well over 400 visitors making this a new growing Londonderry tradition. We hope to make it bigger and better next year with more space and more seniorcentric vendors. We are always looking for feedback and suggestions from our residents. Feel free to attend one of our monthly meetings and/or join the SRC!



Halloween Luncheon: 10/17/24 Fiftyish something spooks, hippies, witches and chickens attended this very delicious pot luck luncheon. We feasted on gooey sweets, mummy hot dogs, marvelous cheesy macaroni, meaty (eye)balls, cheese, crackers, fruits and more. We gave out prizes to clever couples, the Colonel and his bride, creepy witches and clever characters.

Upcoming:

LSCI Craft Fair is scheduled again for **Saturday November 2nd from 9am to 3pm**. It is a kick off to our holiday season with a wonderful cookie walk, many clever and creative vendors, a huge raffle and corn chowda and other yummys to warm your bodies and souls as the winter months approach.

The **Annual Fireman's Luncheon** on **November 9th** will already be booked solid by the time this publication is in your hands! We look forward once again to breaking bread and gobbling turkey prepared by the LFD and their families.

Leach Library Consortium Transition Join the Leach Library staff for an informative training session at the **Londonderry Senior Center on Thursday, November 14 at 1:00 p.m.** Discover how to navigate the library's new online catalog with ease, place items on hold, renew items from home, and explore the many features in the "Your Account" section. Attendees are welcome to bring their own devices to follow along if they wish. No appointment is necessary—just come ready to learn! For more information, please call the library at (603) 432-1132.

Londonderry High School Holiday Performance on **December 5th at 11am** Serge Beaulieu, the Director of Music K-12 for the Londonderry School District will bring a wonderful holiday performance to our Senior Center Stage. Londonderry Senior Center members and residents are welcome to attend. There is no need to sign up... Just come and enjoy!

LSC/LSCI Holiday Luncheon is planned for **December 12 at the Senior Center..** This will be a Chinese food feast with brownie sundaes for dessert. The cost is only \$3 for Senior Center Members. Signups

Holiday Tunes

- Away in a Manger
- Choir of the Bells
- Dominick the Donkey
- Frosty the Snowman
- Holly Jolly Christmas
- Jingle Bell Rock
- Jingle Bells
- Let it Snow
- Little Drummer Boy
- Little St Nick
- O Holy Night
- Rudolph
- Santa Baby
- Silent Nigh
- Silver Bells
- The Christmas Song
- The First Noel
- Winter Wonderland



S	G	R	D	A	M	A	F	C	I	F	Z	Z	X	F	K	U	H	J	X
W	A	W	A	Y	O	B	R	E	M	M	U	R	D	E	L	T	T	I	L
C	K	M	B	H	P	L	O	D	U	R	J	T	G	J	I	H	Z	N	O
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X	L	S	O	X	Q	R	T	B	T	I	N	W	X	N	E	T	O	B	J
D	R	T	J	T	I	R	H	V	A	A	H	X	I	P	S	N	A	E	W
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B	W	V	E	S	Y	N	W	K	M	G	F	O	O	A	K	T	E	C	N
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Coming Together

LSCI NEWS CORNER

November and December 2024

Dear LSCI family,

I would like to wish everyone a Happy and Healthy Thanksgiving.

The Christmas and Holiday season is upon us. Let us enjoy being with our family and friends. With the New Year let us reflect on the past and look forward to new beginnings. I want to wish everyone Merry Christmas and a Happy and Healthy New Year.

I also want to Thank Everyone that baked cookies for our cookie walk. Without your help the cookie walk would not be so successful.

The wonderful gift baskets for the Holiday Fair were donated by the following folks. They are so beautiful. Thank You!

Evie Bassard
Aurie & Charlie Sullivan
Super Wok
Judy Pepper
Connie Crane
Kathy Sargent
Janet Morneau
Rita Sullivan
Maureen Comfort
Pat Robidoux
Irene Bourasso
Ray & Anne Gauthier
Juliana Zalanskas

Sandi & Jon Davis
Shirley Haynes
Renee McAllister
Linda Green
Luke & Ruthie Collitin
Nicole Walters
Denise Mckinnon
Beverly Ford (2)
Margaret Walters
Ann Hernandex
Phyllis Davidson
Marie Melvin

I also want to Thank all the wonderful Volunteers for everything they do for our center. Without you it would not be the same. Special thank you to our Officers and the Board of Directors. You are the backbone of the Senior Center.

"Great things are never done by one person. There's done by a team of people"

Steve Jobs

Bonnie Ritvo
President LSCI

..... Our **Book Club** meets on the second Friday each month at 9:30. We have openings and would love some new participants! Please contact us if you are interested. There is no fee for this group. A list of titles is printed twice a year. Books are available at the Londonderry Leach Library.

Facebook Page!! Visit, like and follow our Facebook page: "Londonderry Senior Center"

Newsletter Availability: Copies of this newsletter are available at the Senior Center, Town Hall, Leach Library and Town of Londonderry website.

You outta know..... Membership 2025: It is time to renew your membership. Please look for a letter and simple form being sent to your home in just a few weeks. Londonderry Senior Center Membership is still \$10.00. However, there have been several changes. Membership will no longer be managed by Londonderry Senior Citizens Incorporated (LSCI). Our membership now runs a full calendar year (January 1, 2025 to December 31, 2025). Your membership fee is due by January 31, 2025. Cash or checks are accepted by mail or at the Senior Center along with your form. Please make checks out to "Town of Londonderry". If you are a NEW member who signed up after October 1, 2024 your membership will be prorated and extended to 12/31/25 automatically!

We had **RISE** represented at our recent Senior Expo. We already have several members giving glowing reviews. What a great opportunity to continue learning and growing! Registration for the Spring 2025 Semester begins on Friday, January 10 at 11am and ends on Monday, January 27 at 5pm. The Semester Membership Fee is \$115 for up to five in-person courses and an unlimited number of Zoom courses. [RISE - RISE Membership](#)



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November 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	09:00 Cards/Games	09:00 Cards/Games	09:00 Cards/Games	09:00 Cards/Games	09:00 Cards/Games	
	10:00 Chair Exercise	09:00 Yoga	11-2 Knit/Crochet/Crafts	09:00 Yoga	10:00 Chair Exercise	
	11:00 Bone Builder	10:00 Chair Exercise	10:00 Chair Exercise	10:00 Chair Exercise	11:00 Bone Builders	
	11:00 Meals on	11:00 Meals on	11:00 Meals on Wheels	11:00 Meals on	11:00 Meals on	
	12:15 Cribbage	12:15 Bingo	12:15 Bingo	12:15 Cribbage	12:00 Diamond Art	
	12:00 Mah Jongg			12:30 Cornhole	12:30 Tai Chi	
	12:30 Ceramics					
	12:30 Line Dancing					
					11/01/24	11/02/24
					Closed for Craft Fair Prep	CRAFT FAIR 9-3
11/03/24	11/04/24	11/05/24	11/06/24	11/07/24	11/08/24	11/09/24
		VOTE ELECTION DAY Foot Clinic	Foot Clinic	Foot Clinic	9:30 Book Club	Fireman's Thanksgiving Luncheon 1-2:30
11/10/24	11/11/24	11/12/24	11/13/24	11/14/24	11/15/24	11/16/24
	Closed Veterans Day			10-12 Hearing Test 1:00-2:00 Leach Library Consortium Transition		
11/17/24	11/18/24	11/19/24	11/20/24	11/21/24	11/22/24	11/23/24
			10:00 Murder Mystery			
11/24/24	11/25/24	11/26/24	11/27/24	11/28/24	11/29/24	11/30/24
			BIRTHDAY CAKE	Closed Thanksgiving	Closed	

December 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	09:00 Cards/Games	09:00 Cards/Games	09:00 Cards/Games	09:00 Cards/Games	09:00 Cards/Games	
	10:00 Chair Exercise	09:00 Yoga	11-2 Knit/Crochet/Crafts	09:00 Yoga	10:00 Chair Exercise	
	11:00 Bone Builder	10:00 Chair Exercise	10:00 Chair Exercise	10:00 Chair Exercise	11:00 Bone Builders	
	11:00 Meals on Wheels	11:00 Meals on Wheels	11:00 Meals on Wheels	11:00 Meals on Wheels	11:00 Meals on Wheels	
	12:15 Cribbage	12:15 Bingo	12:15 Bingo	12:15 Cribbage	12:00 Diamond Art	
	12:00 Mah Jongg			12:30 Cornhole	12:30 Tai Chi	
	12:30 Ceramics					
	12:30 Line Dancing					
12/01/24	12/02/24	12/03/24	12/04/24	12/05/24	12/06/24	12/07/24
				Londonderry School Holiday Performance 11am		
12/08/24	12/09/24	12/10/24	12/11/24	12/12/24	12/13/24	12/14/24
		Foot Clinic	Foot Clinic	10-12 Hearing Test LSC/LSCI Holiday LUNCHEON	9:30 Book Club	
12/15/24	12/16/24	12/17/24	12/18/24	12/19/24	12/20/24	12/21/24
			BIRTHDAY CAKE			
12/22/24	12/23/24	12/24/24	12/25/24	12/26/24	12/27/24	12/28/24
			Closed Merry Christmas Happy Hanukkah	Closed	Closed	
12/29/24	12/30/24	12/31/24	01/01/25	01/02/25	01/03/25	01/04/25
	Closed	Closed	Closed New Years Day			

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